





ABOUT US

The Health and Economic Development Strategy Organization is a Community Based Organization registered in August 2021. HEDSO was formed with the main aim of amplifying the voices and addressing the unique challenges faced by adolescent girls, young women, and youths in the rural communities in the Lake Victoria beaches and sugar belt areas. HEDSO recognizes that these groups often encounter significant barriers to achieving their full potential, both in terms of their health and economic empowerment. By focusing on improving their health and wellbeing while simultaneously fostering economic empowerment, HEDSO aims to create a more equitable and inclusive society free from social injustices.

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0768 546 640

0715 787 077

Nyangoma Muhoroni Office | Tom Mboya Kisumu Office. info@hedso.org

Promoting Health & Economically Developed Community

VISION

A healthy and Economically Empowered Society
Free from social injustices.



MISSION

Promoting integrated health, skills and knowledge development, human rights advocacy, climate change action, and economic empowerment among adolescent girls and young women, marginalized youth and families within the community through strategic partnership.



PROGRAMS

- Integrated Health and Well-being
- AGYW and Youths Economic Empowerment
- Climate Change Resilience



ACTIVITY HIGHLIGHTS

Empowering youths and tackling the triple threats

In collaboration with Zipline Kenya, our ongoing Triple Threats Youth Engagement Campaign was held in five communities: Magina, Pawteng, Nyakoko, Oilers Awasi PAG, and Miringo. We addressed the triple threats of new HIV infections, sexual and gender-based violence (SGBV), and teenage pregnancy.

Key Highlights:

Access to SRH Services: We provided family planning, cervical cancer screening, and distributed condoms to promote reproductive health.

HIV Testing Services: We offered HIV testing services to ensure individuals are aware of their status and can access treatment and care if needed.

SGBV Sensitization: Sensitization sessions on sexual and gender-based violence were conducted in our chat corners to raise awareness and educate communities on prevention and support for survivors.

The events brought together over 600 youths. Together with the communities we serve, we work towards a future free from these triple threats, allowing every young individual to thrive.



Greening Minds



We joined Environmental Club in Pawteng' Primary and Apondo Secondary schools to sensitize them on the crucial role that trees play in our ecosystem. The sessions highlighted the significance of trees in combating climate change, improving air quality, and providing habitats for wildlife.

This educational session was followed by a hands-on experience as students, teachers, and community members actively planted a variety of native tree species on the school grounds. This not only contributed to a greener and healthier environment but also allowed students to connect with nature and understand the importance of nurturing our environment.

CLEANING COMMUNITIES



Waste management is a fundamental life skill, and the event didn't miss the opportunity to impart this knowledge to the students. Discussions on waste reduction, recycling, and responsible disposal practices were engaging and enlightening. The "reduce, reuse, recycle" mantra became a guiding principle for attendees. The practical aspect of the event featured demonstrations on waste sorting and recycling. Students actively participated, learning how to separate recyclables from non-recyclables, contributing to a cleaner and more eco-friendly community.

Promoting Healthy & Economically Developed Community

GREEN LEGACY FLOURISHES



A recent follow-up visit to Ngere Kagoro Primary brought excellent news. The survival rate of trees previously planted in the area showed remarkable progress, highlighting the enduring impact of our past efforts. During the follow-up visit, our team conducted a comprehensive assessment of the trees that had been planted earlier. The results were overwhelmingly positive, with a substantial number of trees thriving and growing vigorously. This success can be attributed to the collective dedication and care of the local community, students, teachers, and volunteers who participated in the initial planting.

The survival rate of these trees is not just a testament to their resilience but also to the profound impact of community involvement and environmental stewardship. These trees, once mere saplings, have now become symbols of hope, biodiversity, and a greener future for Ngere Kagoro.

Promoting Staff Mental Health through Community Unity

In partnership with TINADA, we organized a staff mental health event in Miringo Community that brought together our dedicated team and the vibrant youths of the community. This event, structured as a thrilling football game, was a powerful reminder of the importance of well-being and community connection. The football games provided a fun and engaging platform for our team to unwind, de-stress, and strengthen their mental health. HEDSO remains committed to promoting staff mental health and well-being while actively engaging with the communities we serve. We look forward to more initiatives that bring us closer to our staff and the communities we are proud to be a part of.



Promoting Healthy & Economically Developed Community



HEDSO JOINS INTERNATIONAL YOUTH DAY CELEBRATIONS

During International Youth Day Celebrations, we actively participated in events held at Rotary and Sianda Primary School. This year's theme, "Green Skills for Youths," perfectly aligned with our mission to empower the next generation with environmental knowledge and expertise. Our team had the privilege of sharing valuable insights on the importance of green skills in today's world and their role in shaping a more sustainable future. By actively participating in the International Youth Day celebrations, HEDSO reinforced its dedication to equipping youths with the knowledge and skills needed to become responsible stewards of our planet. We look forward to continuing our efforts to empower and inspire the leaders of tomorrow.



EMPOWERING LINK AND LEARN SESSION

We hosted a Link and Learn session in our office with SHE LEADS, a remarkable girl advocacy team. SHE LEADS is renowned for its dedication towards girl empowerments, and our partnership was a testament to our shared commitment to

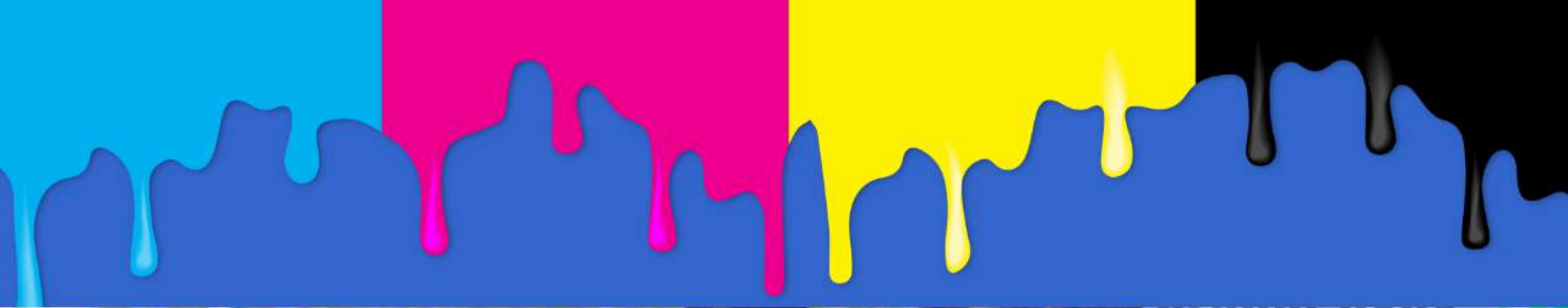
fostering leadership and excellence in the girls.

The exchange of ideas and experiences was enriching for all involved, reaffirming the belief that investing in the education and empowerment of young girls is an investment in a brighter and more equitable future for all.



AUGUST BRINGS TRIPLE BIRTHDAY JOY AT HEDSO

At HEDSO, we not only prioritize community development but also the well-being and happiness of our dedicated staff members. August was a month of festivities as we celebrated the birthdays of three remarkable individuals who are an integral part of our organization. Birthday celebrations at HEDSO are more than just cake and candles; they are a reflection of our appreciation for the hard work and dedication our staff consistently brings to their roles. It's a time when we come together as a close-knit family to honor and cherish our colleagues. As an organization, we firmly believe that a happy and motivated staff is essential to achieving our mission and serving our community effectively. These celebrations are a small token of our gratitude for the unwavering commitment of our staff members.



HEDSO MARKS ITS SECOND ANNIVERSARY

We celebrated our second anniversary with the wonderful beneficiaries who have been an integral part of our journey. The event, held in the heart of Magina Community, was a testament to the growth, impact, and resilience of our organization over the past two years. As we reflected on the milestones and achievements that have shaped HEDSO since its inception, we were reminded of the unwavering support and dedication of the beneficiaries who have benefited from our programs. HEDSO's second anniversary celebration was not just a reflection on the past but a glimpse into the promising future ahead.



OUR PARTNERS



Nyangoma Muhoroni Office
Tom Mboya Kisumu Kenya Office

info@hedso.org
www.hedso.org
0768 546 640
0715 787 077

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