



Welcome to Our 2024 Quarterly Newsletter

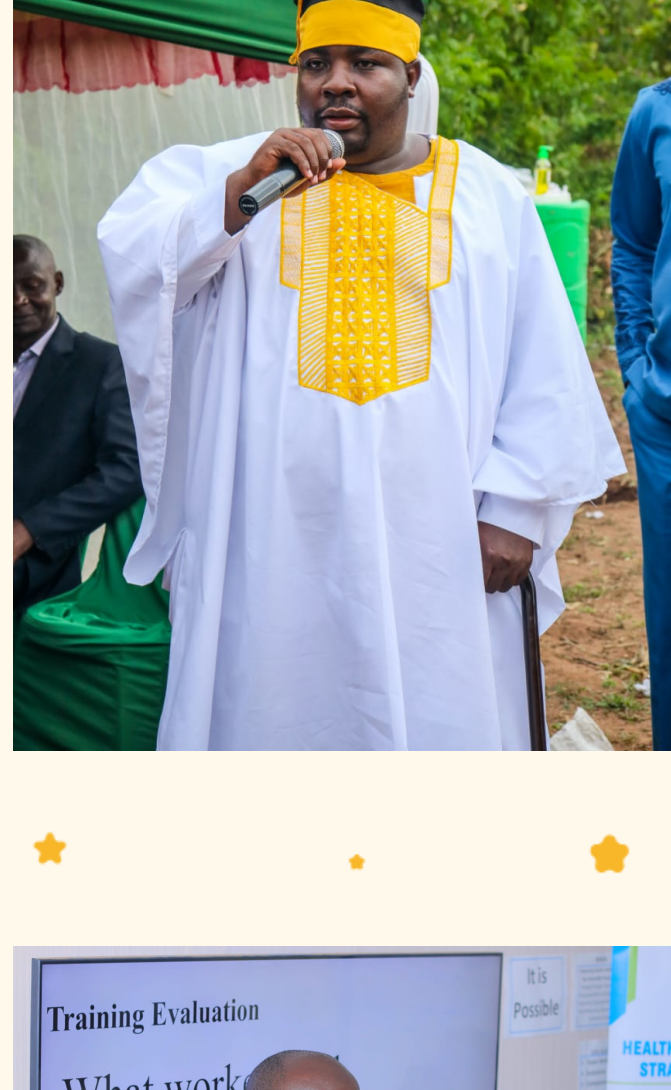
Step into the heart of our mission as we unveil the stories, initiatives, and impact that define our journey towards positive change. In this edition of our quarterly newsletter, we invite you to immerse yourself in the transformative work being done within our organization and beyond. From grassroots movements to global partnerships, we're committed to fostering sustainable solutions and empowering communities worldwide. Join us as we illuminate the path towards a brighter future, where every action, no matter how small, creates ripples of hope and progress. Welcome to the inspiring world of HEDSO.

Director's Message

Greetings to all stakeholders and partners of HEDSO.

It is with great pleasure that I extend my heartfelt gratitude to each one of you for your unwavering dedication and support towards our mission. Together, we have made significant strides in advancing the well-being and empowerment.

[Learn more](#)

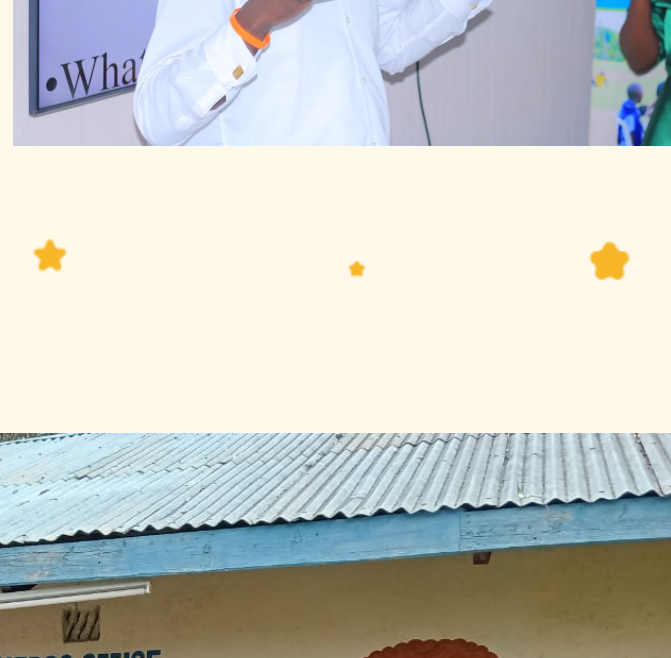


Programs Coordinator's message

Dear HEDSO Community,

We are steadfast in our commitment to utilising an economic empowerment model to address the socio-economic challenges and environmental injustices prevalent in our communities. By harnessing the power...

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About Us

The Health and Economic Development Strategy Organization is a Community Based Organization registered in August 2021. HEDSO was formed with the main aim of amplifying the voices and addressing the unique challenges faced by adolescent girls, young women, and youths in the rural communities in the Lake Victoria beaches and sugar belt areas. HEDSO recognizes that these groups often encounter significant barriers to achieving their full potential, both in terms of their health and economic empowerment. By focusing on improving their health and wellbeing while simultaneously fostering economic empowerment, HEDSO aims to create a more equitable and inclusive society free from social injustices.

Vision

A healthy and Economically Empowered Society Free from social injustices.

Mission

Promoting integrated health, skills and knowledge development, human rights advocacy, climate change action, and economic empowerment among adolescent girls and young women, marginalised youth and families within the community through strategic partnership.

Programs

- Integrated Health and Well-being
- AGYW and Youths Economic Empowerment
- Climate Change Resilience



Crafting Flowers from Plastic Waste

The Climate Change Resilience Training recently organised an inspiring training session focused on transforming discarded plastic bottles into exquisite flowers. Held at our satellite office, the workshop aimed to foster environmental sustainability by...

[Learn more](#)

Rooting for change

In collaboration with the local community, we facilitated a remarkable tree-planting initiative at Misida SDA Church in Homabay. A total of 280 indigenous tree seedlings were carefully planted, enriching green spaces and...

[Learn more](#)



Nurturing a generation of eco-conscious leaders

We are thrilled to announce the establishment of the Shining Stars Environmental Club at Migere Primary School. Comprising enthusiastic students and dedicated teachers, this club is poised to become a beacon of environmental...

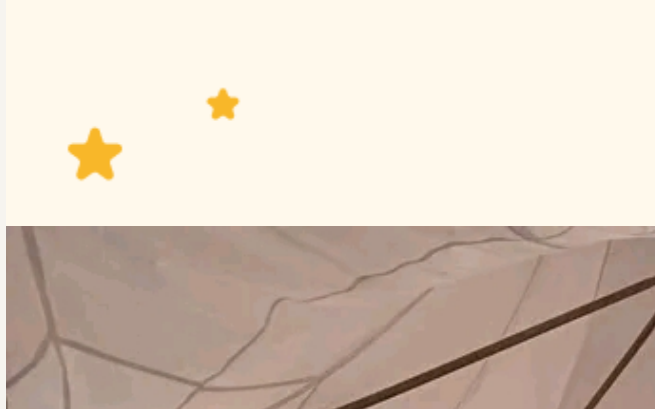
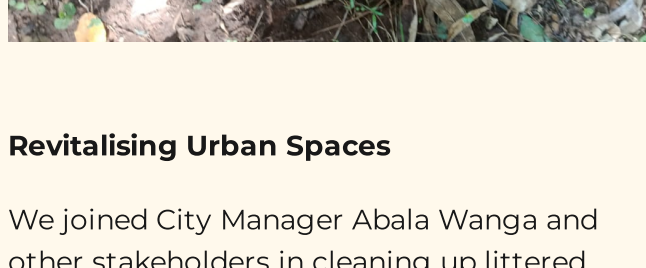
[Learn more](#)



Sustaining Greenery at Migere and Kindu

As part of our ongoing commitment to environmental stewardship, our department recently conducted follow-up activities at Migere and Kindu Primary Schools. At Migere Primary, 100 tree seedlings were planted, and the survival rate of previously...

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Revitalising Urban Spaces

We joined City Manager Abala Wanga and other stakeholders in cleaning up littered areas of Nyalenda, while also raising awareness about the importance of waste management and environmental...

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Strengthening Strategic Partnerships for ACYW Empowerment

In a bid to further empower Adolescent Girls and Young Women (ACYW), HEDSO embarked on a strategic partnership journey. A notable visit to the office of the Kisumu County Women Representative marked a pivotal moment...

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Leaving No one behind

HEDSO, in collaboration with Zipline Kenya's EJAF program, extended the ending triple threats youth engagement campaigns across Nyamira, Kisumu, and Homabay counties. Through 44 impactful events...

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Rescue Dada Initiative Shaping the future

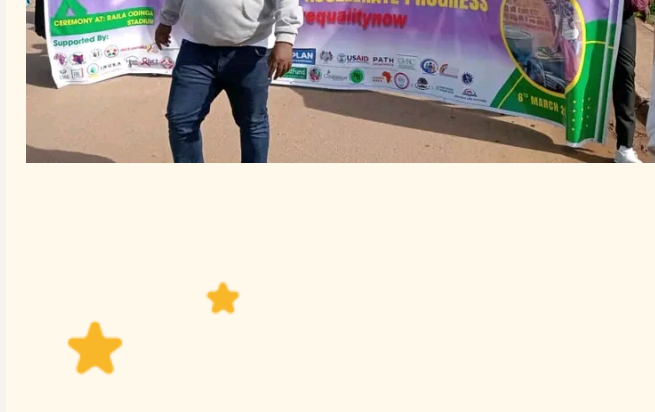
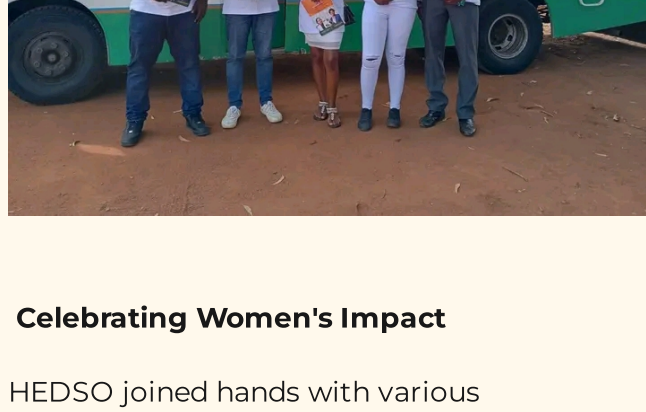
The launch of HEDSO's Rescue Dada initiative at Nyangoma Primary School, Muhoroni sub-county, foreshadowed a new dawn. Productive discussions with school administrators paved the way for weekly...

[Learn more](#)

Homabay Governors Mentorship: Inspiring Boys to Lead Responsible Lives

As active members of the CSO network in Homabay County, HEDSO played a pivotal role in the Governor's Mentorship Program. This initiative, supported by County Governor H.E. Gladys Wangari, aimed at shaping...

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Celebrating Women's Impact

HEDSO joined hands with various stakeholders to commemorate International Women's Day with fervour. From Raila Odinga Stadium in Homabay County to Sembe sub-county in Kisumu County, the celebrations echoed the theme...

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Empowering skills for a brighter future

In our latest sessions, our peer mentors embarked on an exciting journey to master the art of cake baking, mat making, crochet crafting, and liquid soap making...

[Learn more](#)



HEDSO Launches Economic Empowerment Club at Nyangoma Polytechnic

We're thrilled to announce the launch of an Economic Empowerment Club at Nyangoma Polytechnic in Muhoroni Sub-County, spearheaded by HEDSO's Economic Empowerment Program. The club aims to equip participants with essential soft skills necessary to kickstart their entrepreneurial journey...

[Learn more](#)



HEDSO Shines at Nairobi's Town Hall Meeting with Teenage Mothers' Handcrafted Products

We are excited to share the success of our recent exhibition at the Nairobi's Town Hall Meeting, where HEDSO proudly showcased the handmade products...

[Learn more](#)



HEDSO gains insights in County Budget making process

HEDSO recently took part in a workshop hosted by The Institute of Social Accountability (ISA), focusing on strengthening our understanding of county budget planning, budget-making processes, and citizen participation.

[Learn more](#)



HEDSO Invests in Safeguarding

We're thrilled to share our recent participation in a dynamic two-day workshop, generously supported by Nairobits in collaboration with Christian Aid. The focus? The vital importance of safeguarding policies and ensuring the protection of all individuals we engage with as an organisation.

[Learn more](#)

Capacity Building on Protection from Sexual Exploitation, Abuse, and Harassment (PSEAH)

HEDSO recently conducted a crucial capacity-building session for our staff, focusing on Protection from Sexual Exploitation, Abuse, and Harassment (PSEAH). The primary goal of this training was to enhance our staffs...

[Learn more](#)



Call to Action

Harnessing Economic Empowerment to Address Injustices

In our quest to tackle social, economic, and environmental injustices, economic empowerment emerges as a potent tool for transformative change. By uplifting marginalised communities through access to economic opportunities, we can dismantle systemic barriers and foster inclusive growth. Let's advocate for policies that promote entrepreneurship, job creation, and financial literacy, empowering individuals to break free from cycles of poverty and inequality. Through economic empowerment, we can address the root causes of injustice, promote social mobility, and build resilient communities. Together, let's harness the power of economic empowerment to pave the way towards a more equitable and sustainable future for all.

"Indeed, Service to Humanity is Service to God."